



Allanson Street News

31st January 2025

Our value this month is:

Integrity



Reminders

Please make sure your child is wearing the correct school uniform. Complete guidance can be found on the school website. If you have any questions regarding uniform, please speak to your child's class teacher.

Remember that we have plenty of pre-loved uniform in our Unicycle centre. If you'd like to access this service, please contact Mrs Browne or Mrs Tyrer via **Pastoral Classdojo**.



Dates for your diary

- 7th February – Number Day! Dress up as a Rockstar, Robot or favourite number!
- 14th February – Y4 Chester trip

COUGHS & SNEEZES SPREAD DISEASES



COVER UP!

Coughs and sneezes spread diseases!

To help stop the spread of germs:

- Cover your mouth and nose with a tissue when you cough or sneeze.
- Throw used tissues in the rubbish bin.
- If you don't have a tissue, cough or sneeze into your elbow, not your hands.

Remember to immediately wash your hands after blowing your nose, coughing, or sneezing.



This Week's Highlights

In **Nursery** we have been learning how people celebrate Chinese New Year. The children listened to the story "The Great Race" and learned how one animal is celebrated each year, this year is the Year of the Snake. The children have taken part in dragon dancing and created their own dragon puppet. We ended the week by enjoying some Chinese food.

In **Reception**, we have been learning about Chinese New Year. We have been finding out how it is celebrated, and we compared the celebration to other celebrations we have learned about. We enjoyed creating our own paper lanterns which we used to decorate the tables for our special Chinese buffet.

In **Year 1** we have been learning about the life of the explorer Ernest Shackleton in English and we have started using addition and subtraction within 20 in Maths. We have also enjoyed making spaceships move and bubbles pop in our computer coding lessons.

In **Year 2** we have been exploring a new text called "A world of food" by Carl Warner. We have loved looking at each world and describing them using expanded noun phrases! We have also enjoyed continuing to apply our art skills by recreating another of Alma Thomas' works and explored curved pathways in PE.

In **Year 3** we are thoroughly enjoying our Forest School sessions. This week we have been looking at and naming birds, before making a nest outside. We have started a new story in English Called Egyptian Cinderella. We have been making comparisons with the familiar tale of Cinderella.

In **Year 4** we have had fun learning about the major organs in our digestive system and discussing the role of our teeth and saliva in digesting our food. In English we have been working hard on uplevelling our sentences using pronouns and fronted adverbials and we have started to tackle division in Maths.

In **Year 5** we have continued to explore the characters in Cosmic and how we can compare them to characters out of Charlie and the Chocolate Factory golden ticket winners! In Maths, we have worked really hard in securing vocabulary around Fractions when ordering and comparing improper fractions. At Swimming, we have enjoyed learning new strokes and breathing techniques in the water. We are all becoming much confident swimmers!

In **Year 6**, we have planned and started to write a news report about the deaths of Mercutio and Tybalt. In maths, we have continued our work on fractions, comparing and ordering different fractions using the numerator and denominator. In music, we have been learning to play Imagine by John Lennon on the glockenspiels. We are enjoying using Reading Plus in the mornings.

★ This Week's Value Stars!! ★

Nursery: Charlea, Isabella, Evie, Asher	Reception: Dollie, Harper, Bobby, Ethan
Year 1: Ariana B, Thomas M, Harry, Niamh	Year 4: Kylan M, Luke P,
Year 2: Abigail K, Nujin F, Anna-Rae H, Jacob F	Year 5: Lexie, Nina
Year 3: Laylah F, Auria H, Lottie P, Thomas H	Year 6: Ella H, Kian S, Blake W, Leo P

★ Weekly Winners ★



The top Oxford Reading Buddy this week:

Students	Last 7 days	Average quiz score	eBooks completed	Logins	Badges earned
Patrick Year 5	40%	8	2	5	



The Times Tables Rockstars winners are:

31st January - 31 January 2025

🏆 Year 4 Boys **56** Year 4 Girls **28**



This week's tournament:

31st January - 7 February 2025

Y6LA Y6JM Y5NO Y5EK Y4MM Y4MC Y3LC Y3EH

Attendance



Early Years – N am 94.8% N pm 95.5%
KS1 – RKL 92.5% RMC 95.9%
Y1PT 90.3% Y1TE 94.7%
Y2GW 92.7% Y2LB 91.7%
LKS2 – Y3EH 96% Y3LC 96.6%
Y4MC 96.2% Y4MM 95%
UKS2 – Y5EK 99% Y5NO 92.4%
Y6JM 93.8% Y6LA 94.3%

(This week's winners are highlighted in yellow)



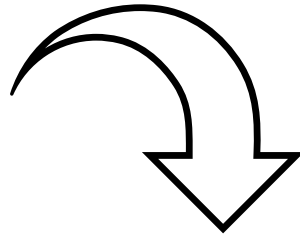
This Week's Learning at Home

Word of the Week:

- | | |
|--------------------------------|-----------------------------|
| Nursery – celebrate | Year 3 – papyrus |
| Reception – tradition | Year 4 – digestive |
| Year 1 – climate change | Year 5 – equivalent |
| Year 2 – detonate | Year 6 – denominator |

Anger at a toy being stolen 😡 Sadness when losing a game 😞
Frustration when struggling in class 😫 All children will experience
challenging feelings sooner or later. Emotions are a natural part of life,
and while youngsters should be allowed to express themselves, it's
important they also learn how to process these more difficult emotions in
a mindful way.

Of course, many children may well be encountering these intense feelings
for the first time, and it can be intimidating to skirt the line of helping them
properly handle their emotions while also validating their experiences ⚖️
That's why we've put together this free guide, offering expert advice on
how supporting youngsters to develop emotional literacy.



10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.



2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.



3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.



4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.



5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.



6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.



7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.



8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.



9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.



10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.



Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on a secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



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