# Ilanson Street News

# Our value this month is: Resilience

## Reading

Please make sure you listen to your child read at least 3 times a week and record this in their reading records.

For those children not yet bringing a reading book home, please make sure you are reading to them as frequently as possible.

# This Week's Highlights

In **Nursery**, we listened o the story "A squash and a squeeze", developing our story sequencing skills. We also developed our maths skills by exploring how many 'animals' could fit into different sized houses. The children worked in a group to plan what they would have on a farm and then later in the week, they used a variety of craft materials to create the farm from their plan. We were also thrilled to watch our butterflies be released into the garden! We hope to see them visit again.

In **Reception**, we have read the story The Three Little Pigs for our Drawing Club lessons. We talked about being healthy and why it is important to have a balanced diet then designed a healthy packed lunch for the wolf. We have begun looking at 2 digit teen numbers in maths and understanding that they are made of 1 ten and ones.

In **Year 1** we have researched what is needed to create a newspaper report. In science we explored trees and the purpose of leaves and roots. In maths we are now able to divide groups of objects by grouping and sharing. We have enjoyed our sessions with Lucy and have been busy practising our dance routine.

Year 2 have been working hard this week to complete their DT structures using the different joining techniques they have learnt. It has been so lovely to see their resilience as they have worked to overcome problems they have found in their designs and their kindness with helping each other to complete their structures.

In **Year 3** we visited St Peter's Church and really enjoyed our session there all about Pentecost. We also enjoyed looking around the graveyard at all the different rocks, compared how rocks have aged as part of our science topic. We have also started a new topic in English, all about Mary Anning, the great fossil collector.

In **Yea**r 4 we have enjoyed beginning our new Spanish topic about the weather, continuing to develop our knowledge of decimals in Maths and planning then conducting our own scientific experiments to learn about the melting points of different substances.

In **Year 5**, we have enjoyed continuing to read our English novel Room 13. They have explored what impression they have of the characters we have met so far. In Maths, we have started our new position and Direction unit, we have so far looked at coordinates and translations. In History, we have carried out a historical enquiry

**Year 6!** We are so proud of you and all of the hard work you have put into preparing for your SATS this year. Have a wonderful weekend – you deserve it!

# Dates for your diary

**Tuesday 21<sup>st</sup> May-** Key Stage 1 and 2 Sports Day

# Reminders

Please make sure your child is wearing the correct school uniform. Complete guidance can be found on the school website. If you have any questions website. If you have speak to your regarding uniform, please speak to child's class teacher.

Remember that we have plenty of preloved uniform in our Unicycle centre. If you'd like to access this service, please you'd Mrs Browne or Mrs Tyrer via Class Contact Mrs Browne or Mrs Tyrer via Class

Year 5 Maths Whizz
After School
Tutoring
Thursdays @3:15-

4:15pm





Nursery: Esmae, Mason, Ollie,	Reception: Aoife C, Jaxson M,
Savannah & Arlo T	Lucas, Atlas
Year 1: Abigail, Roux	Year 4: Sonny G, Shay R,
Year 2: Harley F, Aisha M, Ruby-	Year 5: Gabriel, Charlie G, Harry
Ann MM, Erin Mc	and Sophia
Year 3: Amelia M, Alfie T, Imogen	Year 6: All of Year 6!
L, Layla S	

# **A**ttendance

Early Years — Nursery am 95% Nursery pm 91.2%

**RMC** 98% **RKL** 94.4%

**Y1TE** 84.3% **Y1CS** 91.1% KS1 -

**Y2LB** 92.4% Y2GW 95.1%

**Y3LC** 95% Y3LA 96.2% LKS2 -

**Y4MC** 96.6% **Y4MM** 94.6%

Y5NO 92% **UKS2** -**Y5EK** 95.1% **Y6KK** 100% **Y6JM** 100%

> (This week's winners are highlighted in vellow)

School Target: 96%

# This Week's Learning at Home

### Word of the Week:

Nursery - squash and

Year 3 – sediment

squeeze

**Reception** – obliterate

**Year 4** – grid reference

**Year 1** – quarrel Year 5 – tedious

Year 2 - chronological

# **Weekly Winners**

Numbots. Nursery - Year 2: How many coins can you earn?

The highest number earned over the week will get 3 dojos. Last week's

winner= Paula B Y1



Mathswhizz. Years 2-6: The class with the most time spent

on MathsWhizz that week will get 3 dojos each ast week's winners= Y6KK

# Times Tables

### Rockstars.

**Years 3-6:** Here are your group battles where the winning classes of these battles get 3 dojos each.

Last week's winners were =

Y4MC



# What Parents & Educators Need to Know about SCHOOLAVOIDANCE

UNDERSTANDING SCHOOL AVOIDANCE Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person. It's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

IMPACT OF SCHOOL AVOIDANCE

### **REASONS FOR ABSENCE**

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

100

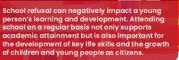


You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress—such as changes in the environment, changes of routine and sensory stimuli.

# COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a turmmy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

# LEARNING AND DEVELOPMENT



### LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future as pirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

### CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a rise in their ongoing need to avoid the activity which is making them anxious – increasing their desire to stay at home.

# Advice for Parents & Educators

### **WORK TOGETHER**

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

### FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, pocking their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

### MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practice the strategies in less overwhelming situations first.

### REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

### Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health areas page.





The National College

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Source: See full reference list on guide page at: nationalcollege.com/guides/school-avoidance

