



HOT POTATO

This indoor activity supports the following SEL concepts:

- ✓ Co-operative Learning
- ✓ Making good decisions/choices
- ✓ Listening to each other
- ✓ Self control



SEL TOP TIPS

for a successful game:

Try to remember:

- » Your fair play rules
- » To compliment your team mates
- » The Golden Rule
- » To listen to others
- » To use the steps for calming down
- » To problem solve:
Stop, Make a plan & Go



HOT POTATO

WHAT YOU NEED

Beanbags, blindfold (jumper, scarf etc)

HOW TO PLAY

1. Players stand in a circle.
2. Choose a player to stand in the middle to be the caller (the caller should be blindfolded with a jumper or scarf.)
3. The players in the circle have to pass the hot potato (bean bag) around the circle as quickly as they can!
4. When the caller shouts out "hot potato!" the player holding the bean bag is out.
5. Keep playing until there is only one player left in the circle – this player then becomes the caller in the next game.

VARIATION

Make the game more difficult by adding more than one bean bag into the circle. You could increase the difficulty again by making the bean bags rotate the circle in different directions.