

# Printable Activity Sheets

Accompanies Relationship Skills Blog 4



# RECOGNISING OTHER'S FEELINGS BINGO

Choose 6 of the following feelings and write them in your bingo grid: Angry, Sad, Happy, Frustrated, Embarrassed, Scared, Calm, Excited, Lonely, Shy, Disappointed, Delighted, Proud, Guilty, Curious, Confused, Jealous, Worried, Confident, Fine, Tired, Bored, Disgusted

The bingo caller must act out one of the feelings above and you must guess what they are acting. When you get the correct answer, if it is in your grid, you can cross it off. When you have crossed all your answers off shout BINGO and you are the winner.

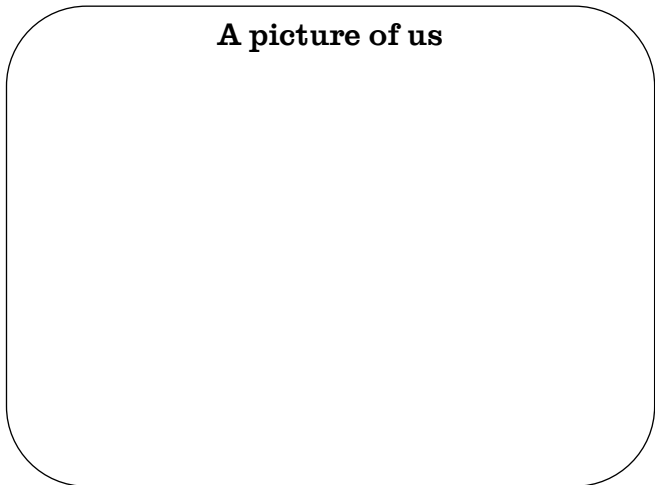
## Bingo Grid






# A LETTER FOR SOMEONE SPECIAL

A picture of us



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Dear \_\_\_\_\_,

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Love from \_\_\_\_\_



# A RECIPE FOR A GOOD FRIEND

Your friend will look like...

Ingredients you will need:

1 cup of \_\_\_\_\_

1 spoonful of \_\_\_\_\_

500g of \_\_\_\_\_

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Method



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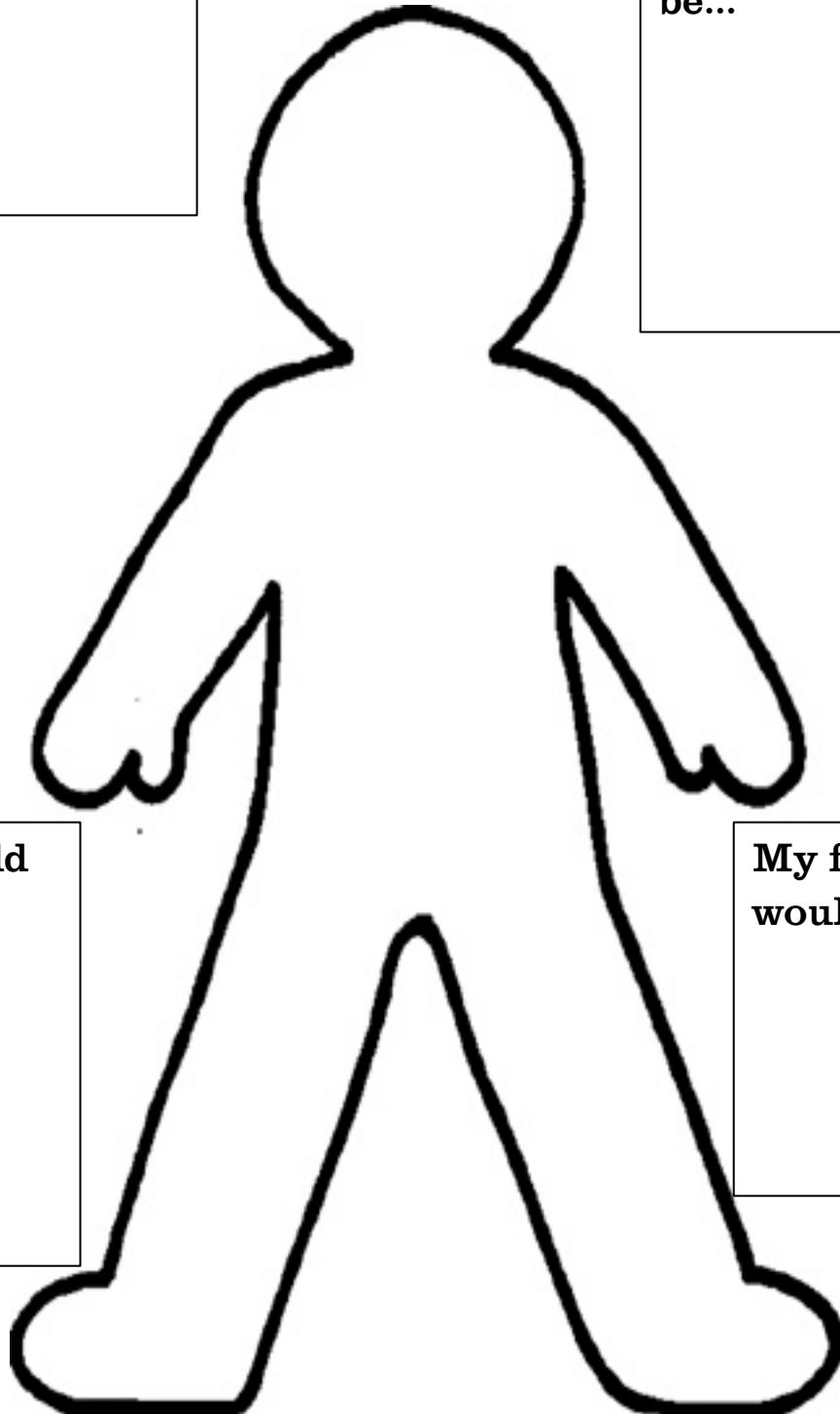
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# DESIGN A FRIEND

My friend would  
have...

My friend would  
be...



My friend would  
always...

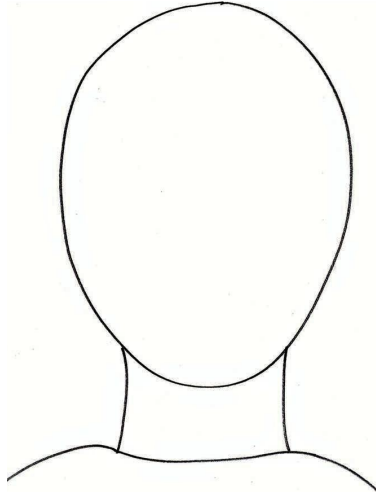
My friend  
would like...

Together my friend and I could...



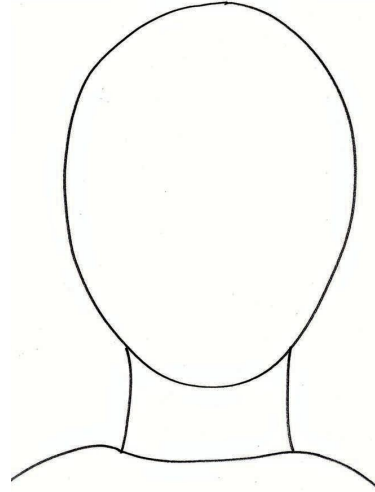
# PEOPLE IN MY LIFE

Think of 4 people you know who could complete the sentences below and draw them on the faces provided.



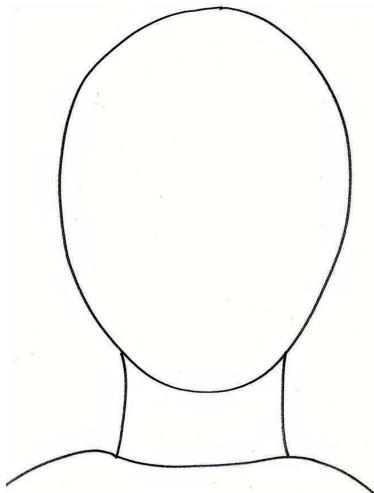
I like to play with....

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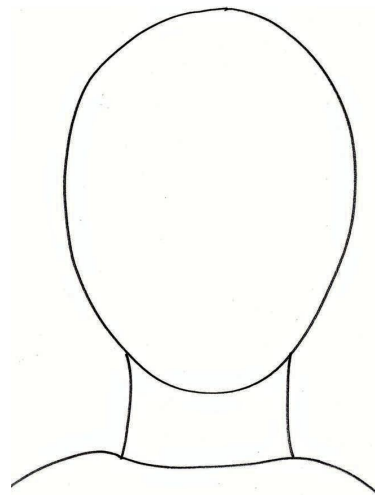
I would ask for help from...

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is very kind.



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makes me laugh.

