

Social Emotional Learning

Lesson 4: Twiggle Makes Friends Supplementary Activities



Pre-school:

Friendship Art

With some adult support, ask your child/ children to create a picture for their friend and then post it to them.

Ideas for pictures include:

- A feelings face (happy, excited)
- Twiggle and his friends
- A time when we shared...
- A time when we played...
- A time when we helped each other...

This could be completed with any art materials you already have in your house.



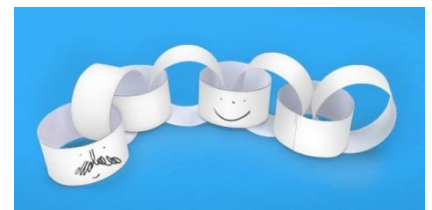
Age 4-7:

Friendship Chains

This activity will allow your child/children time to reflect on their friendship and classmates.

You will need:

- Paper
- Paper strip templates (Optional)
- Pens/ pencils
- Scissors
- Glue



1. Support your child/children in cutting strips of paper for your paper friendship chain.
2. The first strip should have their own name and either a picture or words to describe a game/ activity they like doing. This should then be glued to create a loop.
3. The next strip will then have the name and picture of one of their friends or classmates and either a picture of them or something your child has helped them with, shared with them etc.
4. This strip will then loop around the first one and glued to begin the chain.
5. Continue until all friends are included in their friendship chain.

Talk with your children about the importance of working together and how friends like to be together. Although it may be hard not getting to see our friends just now we can still think about them and what we like to do with our friends.

Please see **Appendix A** for template.

Age 7-11:

Friendship Intentions

This activity will encourage children to plan the day ahead by setting out some intentions. These will focus on the three specific aspects of friendship of playing together, helping and sharing.

At the end of the day, discuss with you child/ children how they feel about helping, sharing and playing with others.

You may want to give your child/children a reward for achieving their daily intentions.

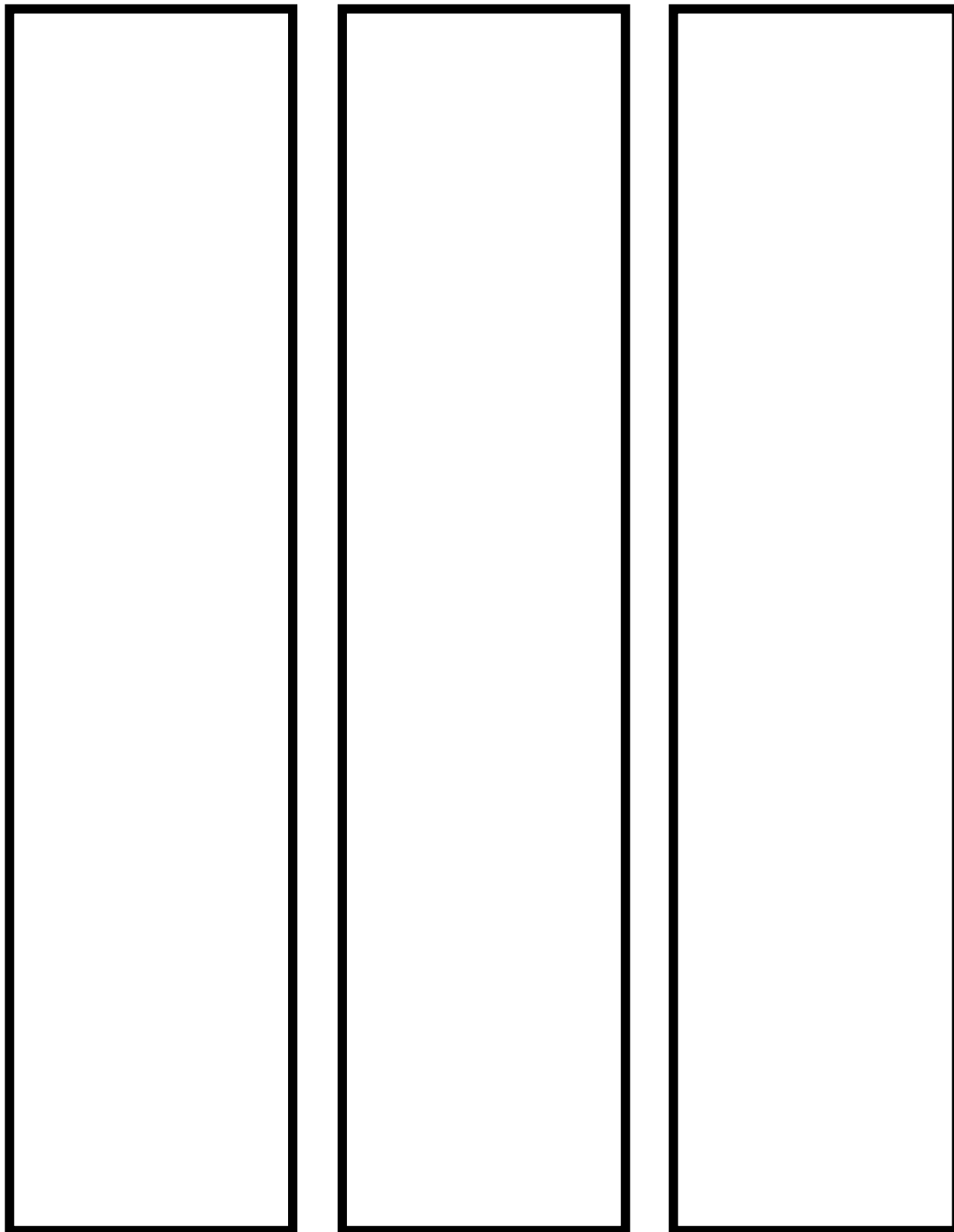
See **Appendix B** for template.

Reflection Letter/ Video

After a few days of completing this activity, ask your child/ children if there is something they intend doing more of when they see their friends again. This could be a stimulus for producing a letter or video message to a friend. They can write or talk about what they have been playing, helping with and sharing in the house and then state what they intend on doing when they see their friend again.

Appendix A

Paper Chain templates to cut out.



Appendix B

My Daily Intentions

Write down 3 intentions for your day and have fun completing them!

1. Today I am going to **play**...

With... _____



2. Today I will **help**...

With... _____



3. Today I will **share**...

With... _____

