



## WOULD I LIE TO YOU?

This indoor activity supports the following SEL concepts:

- ✓ Co-operative Learning
- ✓ Making good decisions/choices
- ✓ Listening to each other
- ✓ Trying again



### SEL TOP TIPS

for a successful game:

Try to remember:

- » Your fair play rules
- » To compliment your team mates
- » The Golden Rule
- » To listen to others
- » To use the steps for calming down
- » To problem solve:  
Stop, Make a plan & Go



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### HOW TO PLAY

1. Give each player time to think of 3 statements about themselves - two must be true and one is a lie.
2. Choose one player to go first – they say all of their statements one after each other.
3. The other players have to decide which one of the statements is a lie. The players must vote on the statement which they think is the lie.
4. The player who said the statements then tells the rest of the group which one was the lie.
5. Continue around the circle playing in the same way.