



**Summer Holidays  
Fun Family Fitness**

Would you and your family like to exercise together this summer?

**FREE** exercise sessions playing a variety of fun games aimed to keep families physically active during summer

Sessions will be at the Thompson Centre (WA9 1PL) every Friday throughout summer:

- 28<sup>th</sup> July: 10:30-11:30
- 4<sup>th</sup> August: 10:30-11:30
- 11<sup>th</sup> August: 10:30-11:30
- 18<sup>th</sup> August: 10:30-11:30



**Just turn up and join in or call 0300 300 0103 for more info**

# St. Helens Youth Service

## Afternoon Youth Club

**The Thompson Centre,  
Alanson Street Primary,  
Gaskell Street,  
WA9 1PL**



**FREE** activities for children aged 5-11 years old. Come along have fun, make friends and meet your youth workers.

Mon 24 <sup>th</sup> & Tues 25 <sup>th</sup> July	1:30 – 3:00pm
Mon 31 <sup>st</sup> July & Tues 1 <sup>st</sup> Aug	1:30 – 3:00pm
Mon 7 <sup>th</sup> & Tues 8 <sup>th</sup> Aug	1:30 – 3:00pm
Mon 14 <sup>th</sup> & Tues 15 <sup>th</sup> Aug	1:30 – 3:00pm

For more information please call 01744 675924

Arts & Crafts

Team Challenges

Sports & Games

Silent Disco

